

Chapter T  
Texas District  
GWRRA  
www.centexwings.org



# Central Texas Wings

*Chapter of the Year - 2018!*



## April 2022



WINGNUT

Chapter T awards this coveted trophy each month. If you are not riding, you are not winning.

To ALL Chapter T members, for not riding enough in the last Ten Months to have any Wingnut nominations! Last award was to Chet for cow pie catastrophe in April 2021.

## Bluebonnet Rally in Fredericksburg

April 9, 2022



*Peggy, Quinta, Gene, Stephen, Beth, Jim, Alvalin, Shari, Jeff*

Thanks to all of the Chapter T members and guests who participated in Chapter O's Bluebonnet Rally this year. Great camaraderie, food, and games! And special thanks to our first time guests, Stephen and Beth Vanderpool, who rode their gorgeous Valkyries to the rally. Congratulations to Shari who won the grand prize, a \$200 gift Card!



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Next Chapter Meeting  
May 24th  
Golden Corral

## Wing Ding 43

Shreveport—Bossier, Louisiana

(290 miles)

June 28—July 2, 2022

Register online at [Wing-Ding.org](http://Wing-Ding.org), by mail  
(forms attached)



*New Add-On from Frogg Toggs?*



*Texas sized Deluxe Sidecar*

### Chapter Team:

**Directors:** Jose & Celest Soto

**Treasurers:** Tim & Young Brooks

**Ride Coordinators:**

**Membership Enhancement / Social Coordinators & Chapter of the Year Coordinators:**

**Webmaster/Newsletter:** Gene & Quinta Harris

### BIRTHDAYS

29 Apr	Jose S
1 May	Tim B
8 May	Peggy T
11 May	Celest S
28 May	Brady K

### ANNIVERSARIES

5 Apr	Tim & Young B
11 May	Jose & Celest S
20 May	Stephen & Missy H
28 May	Dale & Carleen G

# The Importance of Hydration on Your Motorcycle

Article from **Rider Magazine**

By **Eric Trow**

Oct 5, 2019



*Staying properly hydrated while riding your motorcycle is vitally important. Ideally you'll avoid dehydration, but if it occurs re-hydrating isn't as simple as pounding a bunch of water.*

The first step to addressing a problem is to first acknowledge that you have a problem. With that, I openly admit to all of you that I have a serious non-drinking problem. Despite years as a professional motorcycling safety expert, I habitually fail to hydrate before, during and after a ride. In excess, I don't drink.

If you are one of the many riders like me who forgets to drink enough water, here are some indicators of dehydration and a handful of steps you can take to break your non-drinking habit. Recognize the warning signs

If you ride for long periods without urgency to stop at a rest area to relieve yourself, you may be dehydrated. When you do go, if your pee is dark yellow, that's a warning sign as well. If you drink a lot of coffee instead of water, you may have to go more frequently but are actually flushing out vital water reserves since coffee acts as a mild diuretic.

If your skin, mouth, lips and eyes are dry, you may be low on H<sub>2</sub>O. Similarly, if you find yourself becoming fatigued or achy, or are beginning to experience headaches, don't wait; you're overdue to rehydrate.

In extreme dehydration, you may become dizzy, experience elevated heartbeat and rapid breathing, or even become confused and disoriented. At that point, consider it an emergency; it's time to get help as soon as possible.

### **Avoiding dehydration**

Begin to drink water in the hours before you hit the road. Don't think you can just down a large bottle of water minutes before hopping on the bike. It doesn't work that way. Drink smaller amounts more often so your body can absorb instead of pass the vital fluid.

Pack bottles of water and make a point to refill yourself each time you refill your gas tank or stop to stretch your legs. One of the easiest ways to stay hydrated en route is to take a water bladder with you (such as those made by Camelbak). They are typically wearable and include a hose that you can sip from as you ride. Add ice to keep that water cool and refreshing.

Keep the drinking habit going after the sidestand is down for the day to continue to replenish your body and prepare for the next day's journey.

By being more conscious of the issue and following these guidelines, I've begun to control my own non-drinking problem. As I do, I can ride for hours and still feel fresh at the end of the day. Hopefully these steps will help you as well. Now drink up!





# Mark your Calendars



## 2022

**26 Apr** - Chapter T Gathering, Golden Corral - Killeen, TX

**28 – 30 Apr** - Texas District Rally - Kerrville, TX

**1 - 4 May** - TX District Ride, Big Bend - Alpine, TX

**6 – 8 May** - Hill Country Run - Luckenbach, TX

**19 – 21 May** - Arkansas District Rally - Harrison, AR

**24 May** - Chapter T Gathering, Golden Corral - Killeen, TX

**2 – 4 Jun** - Missouri District Rally - Branson, MO

**5 – 9 Jun** - Republic of Texas Rally - Austin, TX

**28 Jun** - Chapter T Gathering, Golden Corral - Killeen, TX

**28 Jun – 2 Jul** - Wing Ding 43 - Shreveport, LA

**23 Jul** - Chapter T Gathering, Golden Corral - Killeen, TX

**18 – 20 Aug** - Michigan District Rally - St. Louis, MI

**16 – 18 Sep** - Oklahoma District Rally - Ponca City, OK

**29 Sep – 1 Oct** - Alabama District Rally - Eufala, AL

Support Our Sponsors — They Support Us!



### Computer Solutions

For your complete computer needs, both hardware and software, contact Dan at (254) 680-2983.

4610 Teal Drive  
Killeen, TX 76542-3783



Half Price storage to ALL GWRRA Members!

254-634-8816

# GWRRA TEXAS



## THE YELLOW ROSE RALLY

APRIL 28, 29, 30 2022

**Y.O. Ranch Hotel and Conference Center**

**2033 Sidney Baker Street**

**Kerrville, Texas 78028**

**\$99 a night**

**Reservations: (830) 257-4440**

**Vendors, Scenic Rides, Games, Bike and Light Shows, GWRRA Training Opportunities**

**Friends and Fun, ALL ARE WELCOME!**

**[gwr-ra-tx.org](http://gwr-ra-tx.org)**



**GWRRA - Texas District**  
**"The Yellow Rose Rally"**  
**April 28<sup>th</sup> 29<sup>th</sup> and 30th, 2022**  
**Y.O. Ranch Hotel and Conference Center**  
**2033 Sidney Baker Street**  
**Kerrville, Texas 78028**



Rally Pins to the first 200 registered, All Pre-Registrations must be postmarked by **April 21<sup>st</sup>, 2022**  
**No refunds of registration postmarked after April 22<sup>nd</sup>, 2022**

<u>District</u> _____	<u>Registration form</u>	<u>Chapter</u> _____	<u>Miles Traveled</u> _____
<u>Rider</u>	GWRRA#	Exp: Date	DOB:
<u>Co-Rider</u>	GWRRA#	Exp: Date	DOB:
<u>Address</u> _____			
<u>City</u> _____	<u>State</u> _____	<u>Zip Code</u> _____	<u>Phone</u> _____
<u>Rider's e-mail:</u> _____		<u>Co-Rider's e-mail:</u> _____	
<u>DESCRIPTION</u>	<u>(All On Site Registrations will be an additional \$5)</u>	<u>QTY</u>	<u>PRICE</u>
<u>GWRRA Pre-Registered Member</u>		_____	<u>\$30 ea</u>
<u>GWRRA Life Member</u>		_____	<u>\$20 ea</u>
<u>NON-MEMBERS</u>		_____	<u>\$40 ea</u>
<u>Child 15 years or younger is FREE with registered Adult</u>		_____	<u>FREE</u>
<u>TRC Riding Course (full course)</u>			
<u>REQUIRES BOTH Friday afternoon and Saturday Morning</u>		_____	<u>\$50 ea</u>
<u>ARC Riding Course (full course)</u>			
<u>REQUIRES BOTH Friday afternoon and Saturday Morning</u>		_____	<u>\$50 ea</u>
<u>Medic First Aid Friday Morning or Saturday afternoon</u>		_____	<u>\$30 ea</u>
<u>Level 4 Breakfast (MUST BE A LEVEL 4) L4 – Saturday Morning</u>		_____	<u>\$10 ea</u>
			<u>GRAND TOTAL</u>

The following University classes are FREE.  
 You can register for them at the University Table when you get to the rally.

- Co-Rider – Offered Friday and Saturday
- Bee Smart – Train your Brain
- Mature Rider – Aging Motorcyclists
- Road Trippin' – Goal Planning

Waiver: I/We agree to hold harmless GWRRA, the Co-Sponsoring Organization, and any Property owners for any loss or injuries to self or property in which I/we may become involved by reason of participation in this event. I/We also agree to assume responsibility for any property I/We knowingly damage.

Rider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Co-Rider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Sign form and Mail with payment (payable to GWRRA-Texas) to: Texas District, 4024 Sunflower Lane, Plano, TX 75024



# GWRRA WING-DING.ORG WING DING 43



**Shreveport, Louisiana, June 28 - July 2, 2022**  
**Shreveport Convention Center, 400 Caddo St. Shreveport, LA 71101**

## REGISTER TODAY! SIMPLY MAIL OR FAX YOUR COMPLETED FORM

Contact Member Services at **1-800-843-9460** with any questions.  
Please visit [www.wing-ding.org](http://www.wing-ding.org) & click "REGISTRATION" at the top of page.  
**TRADE SHOW OPENS JUNE 29, SEE EVENT SCHEDULE FOR MORE INFO!**

RIDER'S NAME: \_\_\_\_\_ GWRRA MEMBER # \_\_\_\_\_  
 CO-RIDER'S NAME: \_\_\_\_\_ GWRRA MEMBER # \_\_\_\_\_  
 MAILING ADDRESS: \_\_\_\_\_  
 CITY/ST/ZIP: \_\_\_\_\_ COUNTRY: \_\_\_\_\_  
 HOME PHONE: \_\_\_\_\_ ALTERNATE PHONE: \_\_\_\_\_  
 EMAIL ADDRESS: \_\_\_\_\_  
 **YES! I would like to opt-in for mobile text alerts!** Cell: \_\_\_\_\_

TO RECEIVE MOBILE UPDATES IMMEDIATELY TEXT "WING DING" TO (US) 855-909-1367 or (CDN) 833-545-0669

#### **PREREGISTRATION:** (Postmarked before May 26, 2022)

Number of Life Members	_____	x \$20 = \$	_____
Number of Members	_____	x \$40 = \$	_____
Number of Nonmembers	_____	x \$50 = \$	_____

#### **LATE:** (Postmarked May 26 - June 9, 2022)

Number of Life Members	_____	x \$22 = \$	_____
Number of Members	_____	x \$45 = \$	_____
Number of Nonmembers	_____	x \$55 = \$	_____

Children 15 and under at the time of the event are admitted free. Cancellations in writing must be received at the Home Office on or before June 9, 2022, and are subject to a \$15 processing fee. No refunds for meal functions, Grand Prize Tickets, 50/20-15-10-5 Tickets, Poker Run, Bike Show, T-shirts or Polos will be given after June 9, 2022. No telephone or verbal cancellations will be accepted.

Please note, only registered delegates may participate in Wing Ding functions, activities and events! You will receive a confirmation via email 24-48 hours after your registration is processed. Please visit our website for hotel and camping information. Armbands, tickets, T-shirts or any other items purchased will be available for pickup beginning the day prior to Wing Ding in the registration area (see website for hours and location).

Day Pass: (sold on-site only) \$22 per person, \$15 GWRRA Members

Day pass fee includes the following:

- One-day pass to Indoor Trade Show
- One-day access to Demo Rides on all participating manufacturers' bikes (subject to availability)

#### **Full registration includes:**

- Access to 'Pre-Event Day' activities! - **Tuesday 6/28**
- Wing Ding Welcome Party - **Tuesday 6/28**
- 4-day pass to Indoor Trade Show - **Opens 6/29**
- 4-day pass to Demo Rides on all participating manufacturers' bikes (subject to availability)
- Access to Seminars and Parades
- Access to Opening and Closing Ceremonies
- Access to free Evening Entertainment Event
- Optional dinner and priority seating prior to free Entertainment Event
- Souvenir Event Pin and Pocket Guide
- Exclusive opportunities for tours, dinners and other ticketed events
- Numbered armband for chance at thousands of dollars in great prizes
- Precision Drill Team Exhibitions and other performances
- Optional Rider Education Safety Courses, CPR classes and more

#### **FAX or MAIL this form to:**

GWRRA Member Services  
 P.O. Box 42450, Phoenix, AZ 85080-2450  
 800-843-9460 or 623-581-2500 (Local)  
 Fax: 877-348-9416  
 Register online at: [www.wing-ding.org](http://www.wing-ding.org)

## RIDER EDUCATION COURSES

The number and availability of courses is dependent upon the number of participants. You will be notified of your class time and location as soon as possible. **Note: Certification cost is per bike!**

CLASS	DESCRIPTION	HOURS	ATTENDEE(S) NAME(S)	# OF BIKES	\$ PER BIKE	CLASS TOTAL
ARC	Experience advanced techniques in turning, maximum braking, and swerving plus mental and situational strategies in GWRRA's own Advanced Rider Course. Co-Riders welcome.	3 CLASS 5 RANGE	RIDER		\$50	
			CO-RIDER			
ARC-R	The GWRRA ARC for those who have PREVIOUSLY COMPLETED the ARC. Includes discussions at the beginning of the course and between exercises.	5 RANGE	RIDER		\$50	
			CO-RIDER			
SIDE CAR	Experience advanced techniques of riding with a sidecar as well as situation strategies and accident avoidance tactics.	3 CLASS 4 RANGE	RIDER		\$50	
			CO-RIDER			
TRAILERING	Learn advanced trailering techniques and strategies for safe and enjoyable travel. Motorcycles only--no trikes or sidecars please.	3 CLASS 5 RANGE	RIDER		\$50	
			CO-RIDER			
TRC	This course teaches advanced riding skills for the trike rider such as maximum braking, swerving and turning.	3 CLASS 5 RANGE	RIDER		\$50	
			CO-RIDER			
TRIKE/ TRAILER	This course combines the Trike Rider Course (TRC) with some guided practice in backing a trailer.	3 CLASS 5 RANGE	RIDER		\$50	
			CO-RIDER			
TRC-R	The GWRRA TRC-R for those who have PREVIOUSLY COMPLETED the TRC. Includes discussions at the beginning of the course and between exercises.	5.5 RANGE	RIDER		\$50	
			CO-RIDER			
CPR / FIRST AID	This course is designed to teach and certify you in the basic principles of CPR and First Aid.	4 CLASS	NAME		\$50	
			NAME			
			NAME			
* \$20 refund. Visit the Rider Education booth after course completion						COURSE TOTAL \$

## TICKETED EVENTS

### OPENING CELEBRATION BREAKFAST

Wednesday, June 29, 2022

**DETAILS COMING SOON**

### J & M Dinner and Entertainment Event

Wednesday, June 29, 2022

Dinner will include chicken alfredo with fettuccine, green beans, tossed salad, laser rolls, and chef's choice of dessert.

# of people x \$26=

### GWRRA DINNER AND ENTERTAINMENT EVENT

Thursday June 30, 2022

Dinner will include slow smoked pulled pork with bbq sauce, american potato salad, mid-western style baked beans, laser rolls, and fudge brownies.

# of people x \$26=

TICKETED EVENTS TOTAL \$

## EVENT APPAREL

OFFICIAL EVENT T-SHIRT				EMBROIDERED POLO SHIRT			
QTY	SIZE	PRICE	TOTAL	QTY	SIZE	PRICE	TOTAL
	SM	\$15	=		SM	\$30	=
	MED	\$15	=		MED	\$30	=
	L	\$15	=		L	\$30	=
	XL	\$15	=		XL	\$30	=
	XXL	\$17	=		XXL	\$35	=
	3XL	\$17	=		3XL	\$37	=
	4XL	\$20	=		4XL	\$40	=
Event Apparel Total							\$

## PRIZE TICKETS

Must be present to win  
Drawings held at closing ceremonies

GRAND PRIZE				GRAND 50/20-15-10-5			
QTY	# OF TICKETS	PRICE	TOTAL	QTY	# OF TICKETS	PRICE	TOTAL
	5	TICKETS \$15	=		18	TICKETS \$10	=
	10	TICKETS \$20	=		54	TICKETS \$20	=
	20	TICKETS \$30	=		126	TICKETS \$40	=
	40	TICKETS \$50	=	PRIZE TICKET TOTAL \$			

## PEOPLE'S CHOICE BIKE SHOW

INCLUDES A SOUVENIR PIN

# OF BIKES	PRICE PER BIKE	BIKE SHOW TOTAL
x	\$10	= \$

GRAND TOTAL \$

ENCLOSED:  Check  Money Order

Please send check or money order in equivalent U.S. funds. All others will be returned to sender for adjustment. Please do not send cash.

CHARGE MY:  M/C  VISA  AMEX  Discover

Number: \_\_\_\_\_

Exp. \_\_\_\_\_ Signature: \_\_\_\_\_

In accordance with federal regulations, some prizes may be subject to up to 25% federal withholdings payable prior to receipt.